

What will be your contribution to the next EAUN congress in Vienna?

Dear colleagues,

The next EAUN Meeting will take place in Vienna from 19-21 March. This year, we have expanded the optional hospital visit to three hospitals. All visits take place on Friday morning pre-congress!

Please consider submitting a paper for one of the below options:

Oral presentation

An oral presentation is an 8-minute session on your practical or scientific work, supported by audiovisual presentations and followed by a brief discussion. Send us an abstract on your scientific or practical work in the urological field. The best presentations in both categories will be awarded € 300.

Poster presentation

Your poster will be displayed for viewing before the session. All participants can read your poster in advance. In the session you are allowed one slide or PDF of your poster. A poster presentation takes eight minutes, including two minutes for discussion. The best posters in the scientific and practical categories both get € 200.

The board is ready to support and coach participants. Sharing knowledge and expertise is crucial for urology nursing.

Difficult Cases Workshop

The scientific committee has decided that from this year on all cases describing urological nursing management will be accepted for review by the jury of the Difficult Cases Workshop. The jury will decide which submitters are invited to present in Vienna and receive a free full registration.

Call for papers!

Research competition

Many nurses would like to set up a research project, both scientific or practical, but lack the knowledge, a good plan, or finances. We would like to offer support for your research.

Send us your project proposal. A jury will select a maximum of six nominees and a winner. All the projects of the nominees will be discussed in a scientific session in Vienna on Monday morning, thus creating the possibility for all delegates and nominees to learn from other projects, through feedback and discussions. The winner will receive € 2,500 to start his or her research project. The prize is supported by an unrestricted educational grant from Ferring Pharmaceuticals.

Don't think that your idea for a research project is not valuable enough for this session. Remember, nursing research small or large can still change the urological world! So start writing your submission!

The procedure, rules and criteria for Abstracts, Difficult Cases and a Nursing Research Project Plan can be found on the Vienna website on the specials pages in the EAUN section. The requirements for submitting are:

- The submitter is qualified as a registered nurse
- It is presented by a registered nurse
- The presented topic is relevant to urologic nursing.

Deadline all submissions: 1 December 2010

For more information or other queries please contact us at eaun@uroweb.org.

To inform us of your current e-mail address please contact us at membership@uroweb.org. Success with your preparations!

<http://eulis.uroweb.org>

1st Meeting of the EAU Section of Urolithiasis (EULIS)

7-10 September 2011
London, United Kingdom



All EAU meetings are fully CME accredited

European Association of Urology

European Association of Urology Nurses

Bente Thoft Jensen

Important announcement

EAU Best Papers Published in Urological Literature in 2010

To be awarded at the
26th Annual EAU Congress in Vienna,
18-22 March 2011

Apply now!

The two EAU Prizes for Best Paper Published in Urological Literature are tools through which the EAU encourages young and promising urological scientists to continue their work and to communicate their achievements to the European urological community.

Two prizes of € 5,000 each will be made available for the two Best Papers Published in Urological Literature on Clinical or Fundamental Research. These papers have to be prepared, published or accepted for publication between 1 January and 31 December 2010.

Rules and Regulations

- Eligible to apply for the EAU Best Paper Published in Urological Literature are urologists, urologists-in-training or urology-related scientists. All applicants have to be a member of the EAU.
- The submitting author must be either the first or the corresponding senior last author.
- Each author is allowed to submit no more than one paper.
- The paper must be written in the English language (or translated into the English language).
- The subject of the paper must be urological or urology related.
- The deadline for submission is 1 December 2010.
- The awards will be handed out at the 26th Annual EAU Congress in Vienna, 18-22 March 2011 during a special session.

How to apply

- Please send your paper to the following e-mail m.smink@uroweb.org, indicating clearly the category in the subject line: "EAU Best Paper on Clinical Research" or "EAU Best Paper on Fundamental Research."
- Include a copy of your curriculum vitae.
- Supply a list of all authors who have significantly contributed (if relevant).
- Indicate clearly for which category the paper is intended (clinical or fundamental research).
- Mention any financial support by companies, government or health organisations.
- A publisher's letter of acceptance has to be submitted along with your paper.

A review committee consisting of members of the EAU Scientific Congress Office will review all submitted papers and nominate the recipients of the two EAU prizes for Best Paper Published in Urological Literature.

All correspondence is to be sent to the EAU Central Office, at m.smink@uroweb.org, clearly indicating the relevant category in the subject line: "EAU Best Paper on Clinical Research" or "EAU Best Paper on Fundamental Research".

EAU European Association of Urology

EAUN Research Competition 2009/2010

Dutch study on therapeutic ED devices aims to enhance protocol



Daphne Smit-Van Den Hof
Research coordinator
Andros Men's Health Clinic
Arnhem (NL)

hofsmit@gmail.com

I participated in the EAUN International Meeting for the first time in 2008 when I first learned about the Research Competition. Later that same year, there was a discussion amongst the nurses in our clinic, the Andros Men's Health Clinic in Arnhem, the Netherlands, regarding a patient's use of therapeutic devices. Since the arguments were based on hunches and suspicions, I decided to investigate further and developed a research protocol which I submitted as competition entry.

To my surprise, I was nominated for the contest in 2009 and was invited to come to Stockholm to defend my research project. And to my even greater surprise, I actually won the contest during the Congress in 2009! I was elated since I do not have any research or university background.

With the grant and the support of my manager, Prof. Frans Debruyne, and my colleagues at Andros, I set up and executed during the last year my research project titled "How to instruct patients on the use of a vacuum device for the management of their erectile dysfunction (ED)."

The project has a retrospective element where I've looked back in 2008 and asked all patients in that year, and who have lent or bought a vacuum device, to fill up a questionnaire. The project has a prospective part as well, where patients were asked to grant their consent and participate in the research project before lending or buying a vacuum device in our clinic.

Patients who are participating were asked to fill up a number of questionnaires after receiving usage instruction and again at four weeks, six months and one year after having received the instruction. With the outcomes, I hope to establish the most effective and mostly appreciated way of instructing the patients on the proper use of this device.

I planned to come to Barcelona for the EAUN 2010 Congress to report on my progress of the research. But due to the travel restrictions following the volcano eruption, my trip was cancelled. The results I would have presented concern only the retrospective part of the research project. In this article, I am outlining some of the preliminary results:

In April 2009, I've examined several questionnaires which I would use to collect the data and conduct an analysis of the results of the research project. After investigating existing, validated questionnaires I decided to use the following:

- The IIEF (International Index of Erectile Function), an existing questionnaire which addresses the relevant domains of male sexual function (that is, erectile function, orgasmic function, sexual desire, intercourse satisfaction, and overall satisfaction), is psychometrically sound, and has been linguistically validated in multiple languages. This questionnaire is readily self-administered in research or clinical settings. The IIEF demonstrates the sensitivity and specificity for detecting treatment-related changes in patients with erectile dysfunction.

Dimension(s) covered by the questionnaire:

1. Erectile function (6 items)
2. Orgasmic function (2 items)
3. Sexual desire (2 items)
4. Intercourse satisfaction (3 items)
5. Overall satisfaction (2 items)

Reference:

Rosen RC, Riley A, Wagner G, Osterloh IH, Kirkpatrick J, & Mishra A. The international index of erectile function

(IIEF): A multidimensional scale for assessment of erectile dysfunction. *Urology* 1997; 49:822-830.

- The EDITS (Erectile Dysfunction Inventory of Treatment Satisfaction), another existing questionnaire. The 11-item EDITS is a brief, psychometrically sound questionnaire suitable for use in the evaluation of satisfaction with medical treatment modalities for erectile dysfunction.

Reference:

Althof AE, Corty EW, Levine SB, Levine F, Burnett AL, McVary K, Stecher V, & Seftel AD. Development of questionnaires for evaluating satisfaction with treatments for erectile dysfunction. *Urology*. 1999; 53:793-799.

- GAQ1, a short questionnaire, which I developed, to be able to measure specifically how the instruction was regarded by the patients.

The baseline values of the IIEF, necessary to compare the data, were already available, since all clients, who come to the health clinic, are asked to provide answers to this questionnaire.

This retrospective part involved all men who bought a vacuum device in 2008. By coincidence, it appeared that this group consisted of 29 men who were divided in two groups of almost the same size- 14 men had received the theoretical way of instruction and 15 men have received the direct way of instruction.

I first contacted this group of 29 men by phone, sometime in May 2009, to ask them whether they are willing to participate in this research project and receive the three questionnaires. I've received positive replies from 28 men who are willing to fill up the questionnaires. A total of 22 men have returned the questionnaires. Four of them were sent back anonymously, which means that I did not have enough information to enable me to assign them in one of the two groups, and this number was therefore excluded from the trial. Three of the returned questionnaires were only partially filled and seven were returned blank and therefore could not be included in

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the database. In total I received 12 completed questionnaires, which could be used for my analysis.

I do realise that the response is low and provides very little usable data. However, I've used the data I've gathered to indicate a trend. The prospective part of my research will, hopefully, provide more usable data, with which I'll be able to make a more insightful analysis and conclusion.

My overall conclusion, based on the data collected from 2008 is that the difference between the two ways of instruction regarding its effect on the improvement of the erectile dysfunction is minimal to nil. However, there are some indications that the respondents seemed to have appreciated the theoretical method more than the other.

The prospective part is still running. The inclusion criteria ended in May, and 44 men had agreed to participate in the project. I already have some initial responses from some of the survey participants. I would like to thank the EAUN board for inviting me again to attend the next EAUN Congress in Vienna in March 2011, where I can present more results including some interim-analysis data on the prospective part, which should be nearly completed by then.

I would also like to note that I don't have presumptions of having conducted a research with a high scientific value. This is merely a small project that aims to provide the nursing staff in the Andros Men's Health Clinic an opportunity to develop a protocol and evidence-based practice, which hopefully may encourage them to perform their own research and boost the professionalism amongst urology nurses.

12th International Meeting of the European Association of Urology Nurses (EAUN)

in conjunction with the 26th Annual EAU Congress

19-21 March 2011, Vienna, Austria

For more information please check www.eauienna2011.org or contact Congress Consultants at info@congressconsultants.com

www.eauienna2011.org

Programme

Friday, 18 March (pre-congress)

- 09.00 – 11.00 Hospital visit in 3 hospitals*
- 11.00 – 13.00 Hospital visit in 3 hospitals*
- 09.00 – 11.00 Visit to Josephinum in the institute for history of medicine (group 25 persons)
- 11.00 – 13.00 Visit to Josephinum in the institute for history of medicine (group 25 persons)

Saturday, 19 March

- 08.15 – 09.45 **EAUN Workshop**
Treatment of kidney stones – it is all about the team
Chair: C. Seitz, Vienna (AT)
- 08.30 – 10.30 **EAUN Workshop**
Bridging evidence-based research and clinical nursing
J. Hokanson Hawks, Omaha, (US)
S. Laustsen, Århus (DK)
- 10.30 – 12.30 **EAUN Workshop**
Quality of life in urology stoma patients
S.P. Fillingham, Kent (GB)
B. Kiesbye, Risskov, (DK)
- 10.30 – 12.30 **EAUN Workshop**
Cryoablation for prostate and kidney cancer; an overview on background, procedure and nurses responsibilities
S. Hieronymi, Frankfurt am Main (DE)
U. Witzsch, Frankfurt am Main (DE)

12.30 – 12.45 Break

12.45 – 13.45 Symposium

- 13.45 – 14.00 Break
- 14.00 – 15.00 State-of-the-art lecture
- 15.00 – 15.15 Break
- 15.15 – 15.30 EAUN Opening
- 15.30 – 15.45 Good Practice in Health Care - Catheterisation – indwelling catheters in adults
S.V. Lauridsen, Copenhagen (DK)
- 15.45 – 16.00 Break
- 16.00 – 17.00 Symposium
- 17.00 – 18.00 Welcome reception
- 20.00 – 22.30 Heurigen

Sunday, 20 March

- 08.00 – 10.15 **ESU Course**
Sexual dysfunction in women
- 10.15 – 10.30 Break
- 10.30 – 11.00 State-of-the-art lecture
Effects of prostate cancer on spouses and families
- 11.00 – 11.15 Urology Nursing Quiz
T. Christiansen, Lund (SE)
- 11.15 – 11.30 Break
- 11.30 – 12.30 State-of-the-art lecture
New development in urological cancer care including the nursing aspects
H.A.M. Van Muilekom, Amsterdam (NL)
- 12.30 – 14.30 **EAUN Workshop**
Nursing tools for patient instruction on prostate cancer
Chair: W.M. De Blok, Amsterdam (NL)
- 14.30 – 16.15 **Poster Abstract Session**
Chairs: T. Christiansen, Malmö (SE)
K. Fitzpatrick, Dublin (IE)

18.00 – 20.00 Urowalk

18.00 – 20.00 Urorun

Monday, 21 March

- 07.45 – 08.45 Symposium
- 08.45 – 09.00 Break
- 09.00 – 10.30 EAUN Nursing Research Competition
Chair: R. Pieters, Ghent (BE)
- 10.30 – 10.45 Break
- 10.45 – 11.45 Symposium
- 11.45 – 12.05 State-of-the-art lecture
Non-surgical management of renal cell cancer
L. Pyle London (UK)
- 12.05 – 12.20 Break
- 12.20 – 13.20 EAUN Workshop
Nursing solutions in difficult cases - Case studies
Chair: W.M. De Blok, Amsterdam (NL)
- 13.20 – 13.30 Break
- 13.30 – 14.00 EAUN General Assembly
K. Fitzpatrick, Dublin (IE)
- 14.00 – 14.30 State-of-the-art lecture
The importance of patient positioning and safety on a urological OR
K. Fitzpatrick, Dublin (IE)
- 14.30 – 14.45 Break
- 14.45 – 16.00 Oral Abstract Session
Chairs: W.M. De Blok, Amsterdam (NL)
U.L.M. Haase, Nieuwegein (NL)
- 16.00 – 16.30 Break
- 16.30 – 16.45 Award Session
K. Fitzpatrick, Dublin (IE)

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Call for Abstracts, Difficult Cases and Research Plans

Deadline: 1 December 2010

* Optimal visit to the urological wards and outpatient clinics of the AKH, Donau or Rudolfstiftung Hospitals.

Limited places are available and registration will be on a first-come, first-served basis through the online system.